

Kids In Bloom Winter Menu Week One

Monday

Breakfast A wide variety of fruits and yogurt

Lunch Chicken and broccoli pasta carbonara

Snack Choice of seasonal Fruit

Tea Wholemeal bread sandwiches with a choice of fillings

Drinks Milk /Water

Tuesday

Breakfast Crumpets with butter or jam

Lunch Scouse with yummy tiger bread to dip and a choice of beetroot or red cabbage

Snack Choice of seasonal Fruit

Tea Bagels with cream cheese, ham and salad sticks

Drinks Milk /Water

Wednesday

Breakfast A choice of scrambled egg or beans on toast

Lunch Minced beef and onion in gravy served with a creamy mash and garden peas

Snack Choice of seasonal Fruit

Tea Tuna pasta with mayonnaise and spring onion

Drinks Milk /Water

Thursday

Breakfast Pancakes with honey, raisins or blueberries

Lunch Tender chilli beef and mushroom risotto

Snack Choice of seasonal Fruit

Tea Wraps with a choice of fillings

Drinks Milk /Water

Friday

Breakfast Deliciously warm croissants

Lunch Diced chicken with mixed peppers, served with green pesto and fusilli pasta

Snack Choice of seasonal Fruit

Tea Kids in bloom children make their own pizza

Drinks Milk /Water



Kids in Bloom will always provide a suitable alternative for

* Special Dietary Requirements * Food Allergies * Cultural Observances

Kids In Bloom Winter Menu Week Two

Monday

Breakfast Warm oatmeal porridge with honey or raisins

Lunch Kiddi beef chilli with basmati rice, sour cream and tortilla chips

Snack Choice of seasonal Fruit

Tea Ham and cheese with crackers and salad

Drinks Milk /Water



Tuesday

Breakfast Bubbly cheese on toast

Lunch Lovely lamb stew served with creamy mash

Snack Choice of seasonal Fruit

Tea Heart warningly homemade tomato and basil soup

Drinks Milk /Water

Wednesday

Breakfast A choice of crumpets or croissants

Lunch Lovely lamb stew served with creamy mash

Snack Choice of seasonal Fruit

Tea Sandwich platter with salad

Drinks Milk /Water

Thursday

Breakfast Toasted muffins

Lunch Winter warmed chicken and vegetable soup with tiger bread to dip

Snack Choice of seasonal Fruit

Tea Wholemeal pittas with a choice of tuna or cheese

Drinks Milk /Water



Friday

Breakfast A wide variety of fruits and yogurt

Lunch Fusilli pasta Bolognese with come find me vegetables

Snack Choice of seasonal Fruit

Tea Chicken and sweetcorn noodle soup

Drinks Milk /Water

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Kids In Bloom Winter Menu Week Three

Monday

Breakfast Pancakes with honey, raisins or blueberries

Lunch Cheesy chicken pasta bake with cherry tomatoes

Snack Choice of seasonal Fruit

Tea Baked beans on wholemeal toast

Drinks Milk /Water

Tuesday

Breakfast A choice of scrambled egg or beans on toast

Lunch Homemade turkey and mushroom pie

Snack Choice of seasonal Fruit

Tea Wraps with a choice of fillings

Drinks Milk /Water

Wednesday

Breakfast A wide variety of fruits and yogurt

Lunch Green pesto spaghetti with meatballs and a sprinkle of cheese

Snack Choice of seasonal Fruit

Tea Cheese and ham crackers and salad

Drinks Milk /Water

Thursday

Breakfast Crumpets with butter or jam

Lunch Sweet potato jackets with a choice of fillings

Snack Choice of seasonal Fruit

Tea Bagels with cream cheese, ham and salad sticks

Drinks Milk /Water

Friday

Breakfast Warm oatmeal porridge with honey or raisins

Lunch Mildly spiced chicken fajitas with tortilla wraps, sour cream and grated cheese

Snack Choice of seasonal Fruit

Tea Ham or cheese pitta pockets

Drinks Milk /Water

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Kids In Bloom Winter Menu Week Four

Monday

Breakfast Deliciously warm croissants

Lunch Chicken and broccoli in oyster sauce with rice

Snack Choice of seasonal Fruit

Tea Breadsticks with houmous or cream cheese with carrot and cucumber sticks

Drinks Milk /Water

Tuesday

Breakfast A wide variety of fruits and yogurt

Lunch Golden shepherds' pie with hidden vegetables

Snack Choice of seasonal Fruit

Tea Cheese and ham with crackers and salad

Drinks Milk /Water



Wednesday

Breakfast Pancakes with honey, raisins or blueberries

Lunch Greek beef stiffado with baby boiled potatoes

Snack Choice of seasonal Fruit

Tea Kids in Bloom children make their own pizza

Drinks Milk /Water



Thursday

Breakfast Bubbly cheese on toast

Lunch Turkey chilli with basmati rice

Snack Choice of seasonal Fruit

Tea Chicken and sweetcorn noodle soup

Drinks Milk /Water



Friday

Breakfast Toasted muffins

Lunch Chicken stew with dumplings

Snack Choice of seasonal Fruit

Tea Sandwich platter with various fillings

Drinks Milk /Water

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